

TWO LAKES PSYCHODRAMA INSTITUTE

Georgia A. Rigg, LCSW, T.E.P. & Dr. Jack R. Shupe, ND, LAc, T.E.P. (Primary Trainers)
John Skandalis, MA, CP, P.A.T., (Assistant Trainer)

“SALT SPRING ISLAND SUMMER CAMP”

Residential Training Workshop in Psychodrama, Sociometry and Psychomotor Therapy
July 28-August 1, 2011—Salt Spring Island, British Columbia

Salt Spring Island is a beautiful and magical place any time of year, and especially so in the summer. Whether we call this workshop “summer camp” or “festival of the first harvest”, we are inviting you to take part in the amazing experience of changing life stories through therapeutic enactment. We combine group psychotherapy with the powerful action modalities of psychodrama and psychomotor therapy. Psychodrama is the creative process of placing inner stories on the stage, making them immediate and concrete through dramatic action. Psychomotor therapy accesses the wisdom stored in the body, bringing long-buried memories and issues forward for resolution. The combination of these processes is a “gold standard” treatment for the effects of trauma from all causes. Those participants who are in training for certification as Clinical Practitioners of the method will have ample opportunity to direct action sequences. We are very pleased to offer training in this approach to trainees working toward certification in psychodrama; professionals who wish to augment their present skills; and individuals seeking personal growth. Couples are always welcome to attend together. Goals include:

- Learning the roles and processes of psychodrama, and the use of psychodrama in exploring personal issues, group processes, and intrapersonal and interpersonal encounter;
- Understanding the theory, philosophy and techniques of psychomotor therapy, with an opportunity to experience the techniques of the method;
- Understanding sociometry, and its application in the context of the therapeutic group and in work situations and everyday life;
- Learning the “choice points” in the director's role through “stop-motion” action supervision.

Workshop Facilitators:

Georgia A. Rigg, LCSW, T.E.P., is certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. In 2008 she was the recipient of the Innovator's Award from the American Society for Group Psychotherapy and Psychodrama, for her work in blending psychomotor therapy and psychodrama. A deep believer in the birthright of each person to be both loved and loving, and actualize the full potential for being, she brings her unique style of wisdom, humor and expertise to the workshop process.

Dr. Jack R. Shupe, ND, LAc, T.E.P., is also certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. He is, as well, a Fellow of ASGPP. He has over twenty years experience as a doctor of Naturopathic medicine, and, has also studied and practiced Oriental Medicine. His Five-Element model adds the wisdom of Oriental medicine to the understanding and practice of psychodrama and psychomotor therapy.

John Skandalis, MA, CP, P.A.T., is certified as a Clinical Practitioner of Psychodrama, Sociometry and Group Psychotherapy. John has a clinical practice in Seattle, and leads groups there in Corrective Parenting. He is in his “last lap” of the intensive training process needed to test for certification as a TEP.

Dates: July 28-August 1, 2011. Workshop begins at 2:00 PM Thursday; closes at noon, Monday.

Fees: Workshop fee is \$600, USD, with a \$50 discount for fees paid in full by July 15, 2010. A non-refundable fee of \$75 is requested to hold your space in the workshop. A \$65 facility use fee is required for each participant. Contact Jack to make payment arrangements, and to arrange credit card payment through Pay Pal.

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CEU'S CEU'S are available for those who need them for licensing needs.